



A GUIDE ON

What to *expect* at your appt!

If you are nervous about your appt, you will find in this booklet, information on what to expect before, during, and after your appointment.

www.maikuett.blog

HERE ARE A FEW THINGS YOU CAN DO TO PREPARE...

Before your *appt.*...



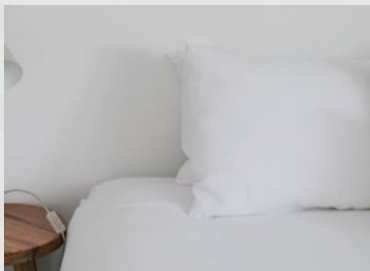
BLOOD THINNING

Avoid drinking alcohol or taking aspirin before your appointment. If you are taking any medications, please let me know in your form.



MEAL

Eat a balanced meal a few hours before your appointment. Drink plenty of water to stay hydrated, upon your appointment.



SLEEP

Get plenty of sleep the night before your appointment to alleviate or prevent stress the day of your appointment.



MASKS

It is not required but recommended that you wear a mask to your appointment. Free masks are provided if you do not have one.



PAYMENT METHOD

The preferred form of payment is DEBIT, CREDIT CARD, VENMO, and CASH. If paying with cash, change will not be available.

What to wear...

Wear comfortable clothing you won't mind getting ink on as well as clothing you won't mind being photographed in. See below for more on what to wear based on the placement of your tattoo.



sternum, collar chest, stomach

Button up/zip up top that can be easily opened and closed, wireless bra, or bikini top that can be easily tied/untied, loose shirt.



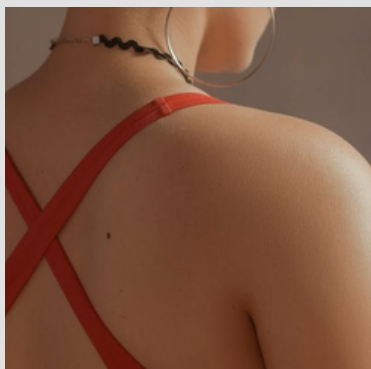
side hip/waist, back, nape, shoulder blade, spine

Halter top/bra, button up/ zip up top, loose t-shirt.



upper/lower thigh, legs

Shorts, skirts, or skort.



shoulder, upper arm

Tank top, loose short-sleeve shirt that can be pulled up.

During your *appointment*

You are more than welcome to ask or bring the following:

Consent

If at any point, you are feeling uncomfortable or unsure about your tattoo, before or even during your session and you would like to discontinue or reschedule I am more than happy to work with you.

Breaks

You can always let me know if you need a water, snack or bathroom break.

Personal Items

You may bring any of these personal items to your appointment: headphones to listen to music, podcasts, books, blanket if you tend to get cold as long as it will not interfere with the area to be tattooed. Recommended to bring your own bottle of water to hydrate!

Questions

*Still have questions, you can bring them to your session or you can email **maikue.tt@gmail.com** or text me **(414.502.9209)***