

# \* maikue.tt \*

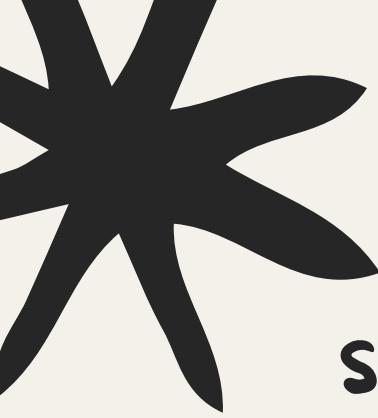
## TATTOO HEALING & AFTERCARE

### WASHING INSTRUCTIONS

1. Wash your hand with lukewarm water and Dial antibacterial soap.
2. Next, run lukewarm water over the tattooed area for a few seconds.
3. With clean hands, squeeze soap into your hands and lather to create foam.
4. Gently apply the foam onto the tattooed area for a few seconds.
5. Run lukewarm water over the tattoo rinsing the soap off.
6. Pat dry with clean single use paper towel.

### HOW TO APPLY LOTION

1. After washing the tattoo, make sure the tattoo is completely dry to the touch.
2. With clean hands, apply a pea-sized amount of lotion for every 4x4" square area to moisturize the scab or flaking skin. Moisturizing the scab helps it to become flexible and be able to move with the skin. **DO NOT** lather or leave access lotion on the tattoo. This may cause additional irritation or room for bacteria to grow.



# TATTOO HEALING STAGES

## STAGE ONE- FRESHLY TATTOOED (DAYS 1-3)

### With Adhesive Barrier...

- You can keep it on for up to 3-days after your tattoo appointment the tattoo is going to be exposed to sun, water, dirt, blood, etc.
- On day 3, peel off adhesive barrier. Tip: Barrier peels off easier under running lukewarm water.
- Upon removal, wash with lukewarm water & antibacterial soap. (Follow the “[Washing Instructions](#)”)
- Once removed, go on to follow instructions in Stage 2.

**Dry Healing** (This option is for those who are sensitive to adhesive barrier or do not prefer adhesive barrier or develop sensitivity to it)

- Remove the adhesive barrier by peeling, then stretching, and pulling the barrier away from you.
- Upon removing the barrier, wash the tattoo. Follow the “[Washing Instructions](#)”.
- For the remaining days of Stage 1, you should wash your tattoo 2-3 times a day, at least once in the morning and once in the evening.

## STAGE TWO- SCABBING & NEW SKIN (DAYS 4-14)

**How it looks and feels:** Scabbing, tightness, dry, scale-y, flakey, itchy, some tenderness.

**How to take care of your tattoo at home:** During this period, you may apply a scent-dye free lotion, ointment, or balm to moisturize your tattoo. You should also continue to wash your tattoo 2-3 times a day.

### When to apply lotion:

- Apply lotion to your tattoo when it is feeling itchy & tight from dryness and/or, if it is scabbing, and when it is beginning to crack. Follow the “[How to apply Lotion](#)” instructions.

## STAGE THREE - HEALED (ALMOST?) (DAYS 14-30)

**How it looks and feels:** Scabbing, tightness, dry, scale-y, flakey, itchy, some tenderness.

**How to take care of your tattoo at home:** During this period, you may apply a scent-dye free lotion, ointment, or balm to moisturize your tattoo. You should also continue to wash your tattoo 2-3 times a day.

### When to apply lotion:

- Apply lotion to your tattoo when it is feeling itchy & tight from dryness and/or, if it is scabbing, and when it is beginning to crack. Follow the “[How to apply Lotion](#)” instructions.

Consult with a health care provider if any signs of allergic reaction or infection appear. By law, only a doctor or physician can diagnose an allergic reaction or infection.

Email [maikue.tt@gmail.com](mailto:maikue.tt@gmail.com) for any additional questions or concerns regarding aftercare.

